

Carry-Out | Delivery | Catering

9255 Center Street | Manassas, Virginia 20110

703-479-7655



Vera's Kitchen

APPETIZERS

LENTIL HUMMUS 10.95

Served with Inerja Crisps.

VEGETABLE SAMBUSA 9.95

Three fried vegetable pastries.

SOUPS

SOUP OF THE DAY cup 8.95

LENTIL SOUP bowl 10.95

SALADS

SALAD 11.95

Spring mix, tomatoes, onions, artichoke.

PASTA SALAD 12.95

Penne pasta, mixed peppers, tomatoes, red onions, and olives.

BREAKFAST LUNCH & DINNER

Served all day.

OMLETTE 12.95

Eggs, cheddar cheese, onions, peppers, tomatoes, spinach with side of avocado

TOFU & MUSHROOM MIX 13.95

Mix of tofu, sun-dried tomatoes, mushrooms spinach, onion, tumeric. Served with wheat toast.

ENKULAL & INJERA FIRFIR 14.95

Scrambled eggs sautéed with onions, tomatoes, peppers. Injera Wot mix. Served with bread.

FOULLE 13.95

Ethiopian style Fava beans mixed with Feta cheese, tomatoes, red onions, and jalapenos. Served with toasted wheat bread.

TOMATO-BASIL QUICHE 14.95

Served with soup of spring salad.

SMOKED SALMON 11.95

Served with cream cheese, tomatoes and capers on a Plain or Everything flavored bagel.

SMOOTHIE 4.95

Blend of tropical fruits with lemon zest.

ETHIOPIAN ENTREES

Entrees available in lunch-sized portions for \$4.00 less.
Choice of 100% Teff Injera, rice or quinoa. Choice of two sides from Beyaynetu entree (if ordered separately).

BEG WOT 19.95

Chunky lamb cubes made with spicy Berbere (hot) sauce.

BEYAYNETU 17.95

Lentil, collard greens, mushrooms, cabbage, split pea, and chick peas.

DORO WOT 19.95

Bone-in chicken, hard boiled egg made with spicy Berbere (hot) sauce.

SIGI ALCHA (MILD) 19.95

Beef cubes cooked with onions, garlic, ginger and tumeric.

TUNA KITFO 19.95

Ahi Tuna chopped and soaked in basil, olive oil, and Mitmita (hot and spicy). Served with collard greens and tofu cardamom.

TIBS 18.95

Sauteed beef, tomatoes, onions, jalapeno.

TRIO COMBINATION for one 25.95 Any three Ethiopian Entrees. for two 48.95



SANDWICHES

Choice of sides: French fries, onion rings, or spring salad.

GRILLED CHICKEN SUB 13.95
Pesto, arugula, tomato, Swiss cheese with hint of Awaze.

TUNA WRAP/SANDWICH 13.95
Celery, red onion, boiled egg, tomato, bell peppers and provolone cheese.

RAINBOW WRAP  13.95
Avocado, arugula, shredded carrot, hummus, cucumber, balsamic viniagrette in a tomato basil wrap. Add feta cheese for \$1.00.

STEAK & CHEESE SUB 14.95
Sliced beef, melted cheese, bell peppers, onions and mayonnaise.

PASTA

CREAMY CHICKEN PASTA 17.95
Grilled chicken breast, spinach and sun-dried tomatoes.



KIDS MENU

MAC & SPINACH 11.95
SPAGHETTI & MEATBALLS 11.95
GRILLED CHEESE & FRIES 11.95

DESSERTS


TOASTED ALMOND CAKE 4.95
CARROT CAKE 4.95
CHEESE CAKE 4.95
TIRAMISU 4.95

BEVERAGES

COFFEE & TEA 2.95
ETHIOPIAN COFFEE 6.95
Served in a pot for two.
GINGER BOOST TEA 3.95
Fresh ginger, honey, lemon and Tumeric. Served **hot** or **cold**.
SODA 1.95
Coke, Diet Coke, Sprite, ginger ale, carbonated water (canned).
MILKSHAKES 4.95
Choice of chocolate and vanilla.
JUICE 3.95
Choice of orange juice or lemonade.



Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness.

 Vegan friendly.



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